

MIDDLESEX NEWS

FRAMINGHAM, MA  
DAILY 46,700

TUESDAY

MAY 31 1994

NEW ENGLAND NEWSCLIP AGENCY, INC.

271

PL

# Science moves a little toward science fiction

## The State We're In

By Tim Greene



Space aliens have been getting a lot of attention lately.

To mainstream, scientific America, the most notable addition is a new book called "Abduction."

It's written by a guy who used to run the psychiatry department at Cambridge Hospital, Dr. John E. Mack, which is what makes it particularly noteworthy.

He was trained under the classical frameworks of medicine and psychiatry, which is not the place you would expect to find belief in aliens without concrete proof.

He's also won a Pulitzer Prize for a book he wrote about T.E. Lawrence, better known as Lawrence of Arabia.

So his mainstream credentials are pretty well established, making his book, which gives credence to the existence of aliens, all the more noteworthy.

Also, last week aliens made a big splash again in the supermarket tabloid Weekly World News, which, for the past several years, has chronicled in word and photo alien visits to U.S. political figures.

The newspaper revealed that 12 U.S. Senators are aliens, and that an alien met with President Clinton in April.

With aliens being inspected from both ends of the skepticism spectrum, a flier tacked to a utility pole on Washington Street in Holliston particularly caught my eye:

"Jeff of Holliston with the cowboy hat who was outside the Sept. 12th MUFON (Mutual Unidentified Flying Object Network) convention in Portsmouth, New Hampshire, accompanied by your two friends in the red, 4-door jeep and who spoke with Professor David Jacob and Tom Hayenski —

"If you seek further information and more rapid access to services pertaining to the problem that brought you there, then please call collect..."

It ends with a phone number, which connected me with Hayenski. He'd met Jeff outside the convention on the steps. Apparently Jeff didn't have the money to get in, but wanted to talk to someone.

Jeff's wife or sister — some woman close to him — and her children might have been visited by aliens, he told Hayenski. They all reported strange happenings, including vague memories of sexual abuse, one of the common threads that runs through the stories of abductions in Mack's book.

Hayenski said he thought that Jeff, himself, had been visited by aliens and might not even be aware of it yet.

Hayenski posted the flier last fall and said he still wants to get in touch with Jeff to tell him that and to offer information about alien abductions, both books and support groups.

Jeff seemed to want help to make the visits go away. Hayenski laughed at that. Making the visits stop is impossible, but just talking about them with people who also believe makes it better, he said.

That is also something Mack has found. The alien accounts that he has investigated that might otherwise be dismissed as manifestations of mental illness, don't follow the expected course of mental illness.

Delusional people tend to get worse when they start talking about their delusions. In the case of those visited by aliens, talking about it seems to relieve their concerns, according to Mack.

Symptoms of having been contacted include a fascination with books about UFOs, nosebleeds (from the implanting of tiny metallic tags), endometriosis (from alien/human hybrid fetus implants) and circular burns that leave no scars, Hayenski said.

His spin on the aliens, as well as that of some published experts, is that they're up to no good, involving humans in some sort of breeding program for an unknown purpose.

Mack puts them in a better light, talking about the possible positive aspects of having a more advanced lifeform take an interest in us.

But perhaps the best advice comes from the Weekly World News Expert, Nathaniel Dean: "If the universe is inhabited by other creatures and civilizations, we need to know about them. We also need linkage."